

DEMENTIA CARE AND EDUCATION CAMPUS PRESENTATIONS FOR HEALTH CARE PROVIDERS

(HOV is an accredited provider of CME. CE and NCIA certifications pending.)

What Every Provider Needs to Know About Dementia

- Describe the most common types of dementia and typical presentation.
- Understand how to differentiate delirium and other causes of cognitive changes from dementia.
- Describe a brief cognitive evaluation to screen for dementia in a primary care practice.
- Identify important steps to consider before prescribing.
- Know three local resources to assist families in caring for persons living with dementia.

Assessment and diagnosis of dementia

- Describe cognitive screening tools to achieve early recognition and diagnosis of dementia in primary care.
- Describe how to evaluate the behavioral, safety and functional needs of patients.
- Describe the typical workup for diagnosing dementia.
- Understand how to differentiate delirium from dementia.
- Know when to refer to a memory specialist for further evaluation of dementia.

The Good, the Bad and the Agitating: Understanding Medications that Help and Harm

- Describe current medications approved to treat dementia and their effectiveness.
- Understand classes of medications to avoid that may exacerbate cognitive deficits.
- Discuss concept of polypharmacy and importance of medication review each visit to minimize side effects.
- Describe medications used to treat behavioral manifestations in dementia and understand supporting data.

Decoding Behaviors in Dementia

- Describe how behaviors express unmet needs (pain, fear, urinary/constipation issues, desire to move).
- List two approaches that will minimize agitated and aggressive behaviors in persons living with dementia.
- Describe three common medication mistakes in managing agitation (4 P's).

Vitamin M (Music) for Dementia: How Music Strikes a Chord

- Describe “individualized music” and why it is important for the person with dementia.
- Discuss evidence-based findings as to how music can positively impact persons living with dementia.
- Explain the step-by-step process of providing music for persons living with dementia.

What happens next? Best Practices in Palliative Dementia Care

- Discuss essential considerations in care along disease trajectory from diagnosis to death.
- Identify the core elements to be addressed in a plan of care for those choosing palliative dementia care.
- Explain two evidence-based steps to maximize comfort and quality of life.

To schedule a presentation, email education@dementiacampus.org or call (602) 767-8300



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and EDUCATION
CAMPUS

3811 N. 44th St. Phoenix, AZ 85018 (602) 767-8300 dementiacampus.org

An innovation of Hospice of the Valley

Dementia Care and Education Campus Presentations for Allied Health Care Providers (Social Workers, Case Managers, AL managers/staff and others)

(CE and NCIA certifications pending)

They Never Used to Act Like This: Non-Pharmacologic Dementia Treatment

- Understand how to teach family members the basic principles of approaching persons living with dementia.
- Know how to customize sensory experiences for meaningful engagement.
- Know about—and be able to provide to family members—written guides and brief videos about managing behavioral challenges (guides provided by DCEC faculty).

It Takes a Village: Community Resources for Dementia

- Describe community resources to provide respite care and adult day care (AAA, SAIL, VS, FSL and other agencies).
- Describe community resources to assist with placement (ALTCS, Supportive Care for Dementia and other agencies).
- Describe community resources to support caregivers (support groups, memory cafes, training in approach, OT and PT, etc.).

Sometimes Superheroes Need to Rest Too: Caregiver Support Strategies

- Be able to use the Zarit Burden Inventory (ZBI) to assess caregiver stress.
- Understand common sources of caregiver stress and know three basic principles that providers can use to support families.
- Describe two methods of treating anxiety and depression in caregivers.
- Be able to refer caregivers to community support (Alzheimer's Association, Supportive Care for Dementia, etc.).

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